The Dark Side of Occupation

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ACOTE STANDARDS EXPLORED IN THIS CHAPTER
B.1.5, B.2.2, B.2.4, B.2.7

KEY VOCABULARY

- **Dark side of occupation**: Occupations that remain unexplored—such as those that are health compromising, damaging, and deviant—and which therefore challenge the pervasive belief in a causal relationship between occupation and health.

- **Occupational perspective**: Perceiving humans as occupational beings and understanding the links among their occupations, health, and well-being, within context.

- **Occupations**: The things people do every day that are subjectively experienced as well as contextually dependent and influenced.

- **People**: Those who occupational therapy practitioners work with and provide occupational therapy services to—either as individuals, in groups, or as part of communities.

- **Subjective experience**: A person’s private and lived experience of internal and external events, including the way he or she experiences occupations and the world. It is subjective because individuals have no way of knowing whether other people are having the same experience when exposed to the same external stimuli (occupational experience, for instance).